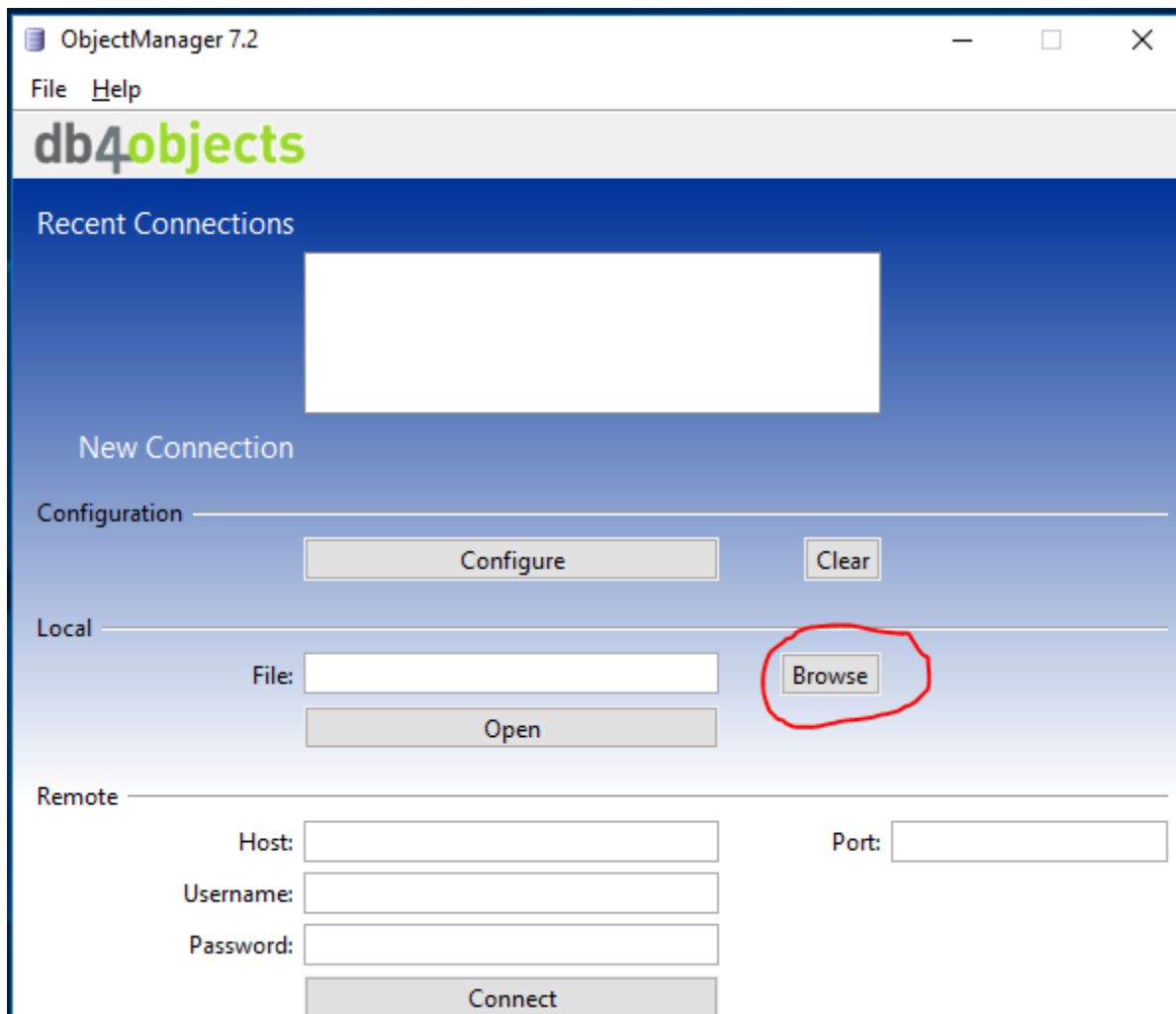Extract objectmanager-7.2-java.zip to a folder

Go to objectmanager-7.2-java\7.2 and open objectmanager.jar. This brings up the following screen:

Click and browse and select a yap file.

Click open